

TAKE COURAGE

By STEVE GARNAAAS-HOLMES

*"We know love by this,
that he laid down his life for us
and we ought to lay down our lives for one another.*

1 JOHN 3:16

The one whose heart was broken for the people,
who, powerless, lifted up the powerless,
who, wounded, overthrew all shame and judgement
and crushed oppression-the crucified one-
that one has been made new and whole.
The life that was laid down has been raised,
and given the power of infinite life.
Into this death we have been baptised,
and into this resurrection we have been raised.
This great spirit is now in us; this love is now ours to steward.
Let us then live with that spirit,
with compassion, generosity, trust and courage;
and lay down our lives that have already been raised up.

*We know that we have passed from death to life
because we love each other.*

